



# Sequoia Healthcare District

FOR YOUR HEALTH

- Welcome & Introductions
- Healthy Schools Initiative Overview
- Grants Program
- Application process and timeline
- Q&A



Sequoia  
Healthcare  
District

FOR YOUR HEALTH





**Sequoia  
Healthcare  
District**

FOR YOUR HEALTH

4



**SAN MATEO  
COUNTY  
OFFICE OF  
EDUCATION**



**SAN MATEO  
COUNTY HEALTH**

All together better.



**Stanford**  
MEDICINE

Center for Youth Mental  
Health and Wellbeing

*Department of Psychiatry  
and Behavioral Sciences*



**UNITED for YOUTH**

Coalition for Safe Schools & Communities



**Children's Health Council**

<https://www.chconline.org>

## District Wellness

WSCC model is the CDC's framework for addressing health in schools.

1. Physical education & physical activity
2. Nutrition environment & services
3. Health education
4. Social & emotional climate
5. Physical environment
6. Health services
7. Employee wellness
8. Family engagement
9. Community involvement
10. Counseling, psychological, and social services



- ***District & School Staff***
  - Wellness Coordinators
  - Nurses
  - Counselors
- ***School Nurse Credential Scholarships***
- ***Parent, Caregiver, Teacher Education re: Youth Development***
  - Parent Education Webinars
  - Neurodiversity Webinar Series
- ***School Employee Wellness Programs***
  - Integrative Wellness
  - Adult Social-Emotional Learning Series

## **One-year competitive grants to community-based organizations to support health & wellness programs at our local schools.**

- Health Services
- Nutrition Education
- Healthy Literacy & Physical Activity
- Counseling & Social Emotional Development
- Family Engagement & Community Involvement

Provides one-year competitive grants to community-based orgs to support health & wellness programs at our local school districts.

- Serve schools within our catchment area
- Wellness Coordinator
- Letter of Recommendation
- Shared funding
- Select 1 priority area
- CBO's responsibility to keep portal current
- Report due dates are firm
- Organizations new to SHD...



## Healthy Schools Initiative - Grants Timeline

LETTER OF INTENT (LOI)

(Valentine's) by 5pm

FULL APPLICATION

Committee reviews full apps

Board votes on grant recs

MID-YEAR REPORTS

END-YEAR REPORTS

DUE February 14th

DUE April 15th (Tax Day) by 5pm

May

June Board Meeting

DUE January 15<sup>th</sup> by 5pm

DUE June 15<sup>th</sup> by 5pm

## Grants Timeline



**February  
2025**

LETTER OF INTENT (LOI) DUE  
February 14th (Valentine's Day) by 5pm

FULL APPLICATION DUE  
April 15th (Tax Day) by 5pm

**April  
2025**



**May  
2025**

The Grants Review Committee  
will meet to discuss full  
applications in mid-May.

Board to vote on grants  
recommendations at the  
June Board Meeting

**June  
2025**



**January  
2026**

MID-YEAR REPORTS DUE  
January 15th by 5pm

END-YEAR REPORTS DUE  
June 15th by 5pm

**June  
2026**





11

LOI  
10-11:00am

Wednesday, January 15<sup>th</sup>

Full Application  
10-11:00am

Wednesday, March 19<sup>th</sup>

- Q&A
- Website: [www.seqhd.org](http://www.seqhd.org)
- Healthy Schools Initiative grants: <https://www.seqhd.org/hsi-grants>
- Versaic portal: <https://seqhd.versaic.com>