1. **What is the mini-grant program?**
Sequoia Healthcare District, through our Healthy Schools Initiative, is pleased to offer a health promotion mini-grant program. This mini-grant program focuses on health and wellness to enable school staff and students to create their own health promotion programs.

2. **Who can apply?**
Students/student groups/clubs, school staff, parent groups, and afterschool program staff within any public pre-k, elementary, middle, and high school as well as any school-based afterschool programs within the zip codes of 94027 (Atherton), 94002 (Belmont), 94025 (Menlo Park), 94028 (Portola Valley), 94061, 94063, 94065 (Redwood City/Redwood Shores), 94070 (San Carlos), 94062 (Woodside), and 94025 (part of Ravenswood) are encouraged to apply with appropriate, relevant and creative ideas that would contribute to the health of their school community. All student projects must be associated with a sponsoring school and have a teacher advisor or other adult advisor.

3. **What are the HSI funding preferences?**
Priority will be given to initiatives that focus on any of the following topics: stress and emotional health, sexual health, oral health, alcohol and other drug abuse, nutrition and physical activity, and preventative health care. Preference will be given to youth led projects, creative and innovative programs that utilize multimedia, demonstrate collaboration with other groups and academic departments, and show consideration of ways to sustain the initiative beyond grant funding. Funding will not be awarded to support existing programs, private for-profit pre-k and afterschool programs, or fundraising endeavors.

4. **What is the funding amount?**
Eligible candidates can apply for up to $1,500 for a single initiative.

5. **What is the application timeline?**
Applications will be accepted and reviewed on an ongoing basis until funding runs out or until April 1. Applications are reviewed and decisions made within 30 days of receipt of your application and funding will be available within days of approval of your project. Upon completion of the project, a representative of your initiative must submit a brief report on the outcome of your project, including all budget expenditures.

6. **How do I apply?**
Create an account through our mini-grants portal, and then complete and submit your application online.