Sequoia Hospital began in 1949, financed the project at a cost of $2.1 million. In 1946, Woodside and Atherton elected to form a "hospital district." San Carlos, Menlo Park, Portola Valley, Redwood City, Belmont, Ravenswood Family Health Center, and Atherton contributed to the new Sequoia Hospital District. A group of nine women led by Mary "Dove" Beeger appealed to the city council in Redwood City for a hospital to serve the communities of southern San Mateo County. Voters of Redwood City, Belmont, San Carlos, Menlo Park, Portola Valley, Woodside and Atherton elected to form a "hospital district."

1946 - Under newly enacted state laws, they passed a pair of bond issues that financed the project at a cost of $2.1 million.

1949 - Construction of Redwood City's Sequoia Hospital began.

1950 - The 106-bed hospital was dedicated on October 15th and the first patient admitted on October 25th.

1960 - The Intensive Care Unit and Physical Therapy department opened. During the 60s, the Pulmonary Therapy department and Coronary Care Unit were established.

1968 - Sequoia Hospital became one of the first hospitals in the state to open a psychiatric unit.

1977 - Coronary Care Unit were established.

1980 - Cardiac Rehabilitation department opened.

1996 - Sequoia Hospital District entered a contract with Catholic Healthcare West (CHW) to manage operations of Sequoia Hospital. CHW became financially responsible for the hospital, and the annual tax revenue received was redirected to support community health.

At that time, the District launched a new community grants program and began funding dozens of local nonprofits that provide health-related services.

2000 - Samaritan House Free Medical Clinic in Redwood City opened its doors to patients with an initial grant from SHD. Today, SHD is the largest funder of the clinic with an average annual investment of $1.1 million dollars.

2002 - SHD made its first grant to Ravenswood Family Health Center and continues to be their most significant funder with an annual investment of $1 million dollars.

2003 - SHD funded the San Mateo Children’s Health Initiative (CHI) with a goal of assuring that all children in the county have health insurance, covering children up to 400% of the federal poverty level who were not entitled to private or other public insurance.

2010 - Healthy Schools Initiative (HSI) was launched with an initial $1.5M investment to support health and wellness in 4 school districts: Redwood City, Sequoia Union, San Carlos, Belmont/Redwood Shores.

2012 - Four additional school districts were added to our HSI partnership: Menlo Park, Las Lomitas, Portola Valley, and Woodside. HSI encompasses all school districts in our region including public charter schools.

In partnership with Redwood City Parks & Recreation, the District launches PE+, a comprehensive physical education program in Redwood City schools.

2020 - HSI annual funding increases to over $4M with a focus on social-emotional and mental health.

When Covid-19 first emerged, SHD committed $3 million in emergency funding to overwhelmed non-profits that provide critical health and safety net services. The District also purchased Personal Protective Equipment (PPE) for medical clinics and schools and increased funding for school nurses and counselors.

In partnership with Sequoia Hospital, SHD helped to provide vaccines to over 600 of our community members in the North Fair Oaks area of Redwood City.

In partnership with Peninsula Family Services, the District launches 70 Strong, a resource for senior residents.

2018 - SHD takes over 70 Strong program operations, rebrands to Sequoia Strong and expands to serve all ages.

Looking ahead, SHD will remain vigilant in our mission to improve access to services, reduce health disparities and support the well-being of all District residents through strong community collaborations, a new three-year strategic plan, and a focus on serving the most vulnerable members of our community.